



# 2024 CLASS SCHEDULE

Sign Up To Reserve Your Spot on **Punchpass** > [LeadershipAcademy.Punchpass.com/classes](http://LeadershipAcademy.Punchpass.com/classes)

"Mastery is operating under correct knowledge, consistently, over long periods of time" – Gary Engels



## WOMEN'S FITNESS

[www.LeadershipAcademyInc.com//fitness-classes](http://www.LeadershipAcademyInc.com//fitness-classes)

**Monday** 4:30pm Fitness Kickboxing | 5:30pm HIIT BootCamp

**Tuesday** 5:30pm Fitness Kickboxing | 6:30pm Trim and Tone

**Wednesday** 5:30pm Trim and Tone | 6:30pm Slow Burn & Balance

**Thursday** 4:30pm HIIT Bootcamp | 5:30pm Butts and Gutts



## ROYCE GRACIE JIU JITSU

[www.RoyceGracieWI.com](http://www.RoyceGracieWI.com)

**Monday** 6:00-6:45 Kids | 6:30-7:30pm Adults | 7:30 Live Training

**Tuesday** 6:00-6:45 Kids | 6:30-7:30pm Adults | 7:30 Live Training

**Wednesday** 6:00-6:45 Kids | 6:30-7:30pm Adults | 7:30 Live Training

**Thursday** 6:00-6:45 Kids | 6:30-7:30pm Adults | 7:30 Live Training



**Leadership Academy**  
320 Oak St  
Woodruff, WI 54568

For more details, visit our website. For inquiries, call (715) 358-3971 or email at [garyengels@gmail.com](mailto:garyengels@gmail.com) or [nikkiengels@gmail.com](mailto:nikkiengels@gmail.com)

## FAMILY TAEKWONDO

[www.LeadershipAcademyWI.com](http://www.LeadershipAcademyWI.com)

**Monday** 5:00-5:30 Family Class | 5:30-5:55pm Sparring/Forms

**Tuesday** 5:00-5:30 Family Class | 5:30-5:55pm Sparring/Forms

**Wednesday** 5:00-5:30 Family Class | 5:30-5:55pm Sparring/Forms

**Thursday** 5:00-5:30 Family Class | 5:30-5:55pm Sparring/Forms



## LEADERSHIP EDUCATION

[www.Legacy-Missions.com](http://www.Legacy-Missions.com)

**Leadership Loops:** Free Daily Habit Challenge - [www.Leadership-Loops.com](http://www.Leadership-Loops.com)

**Legacy-Missions** "Mission Method" For Creating Remarkable Young Leaders  
Online Family Leadership Curriculum - Train At Your Own Pace - Earn Challenge Coins!



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